

JCVT Program
60 Hours- 30 Weeks

SESSION NUMBER	SESSION CONTENT	WHAT TO BRING	HOMEWORK
1 <u>Orientation Intro to Runway</u>	Orientation / Workbook Intro Remarks, Industry Prep Runway: Walk, Posture, Model Stance	If you are under the age of 18, Please have a parent or guardian presents for Orientation	Practice runway walk Find proper runway shoes as discussed in class.
Introductory Sessions			
2 <u>Slating, Create & Construct Commercial & Monologue</u>	Intro to Slating Create & Construct 30 sec Commercial and 1 min Monologue		Continue to construct your Commercial & Monologue for Approval. MEMORIZE for next week Review pages 17-19 in TVP Workbook
3 <u>Monologues & Commercial Approval</u>	Character Breakdown 5W's Commercial/Monologue Breakdown	Memorized Commercial & Monologues	Continue practicing your Commercial and Monologue
4 <u>Runway 1</u>	Basic Turns, Posture, Refinement, Attitude & Hand Positions	Runway Shoes	Practice runway walk. Review pages 39-46 in TVPWorkbook
5 <u>Skin Care Nutrition</u>	Basic Skin Care Mask Application / Eyebrow shaping, Nutrition / How to stay healthy.	Washcloth, Mask, Exfoliator etc. Any products you are currently using Cleanses, Tone & Moisturize.	Implement daily skin care routine Implement Nutritional Lifestyle. Review Chapters 4 & 5 in TVP Workbook
6 <u>Intro to Make –Up techniques, Hair-Styling</u>	Make-up application. Styling hair.	Any makeup you are currently using. Hair products for styling. Attend with a clean face.	Start building your own makeup kit Review pages 60-64 & 71-73 in TVP Workbook
7 <u>Intro to Posing Construct your Back-Drop for Online Photoshoots</u>	Intro to Photo Posing Do's & Don'ts for lighting, background for online photoshoot	Students 16 and under please have a parent attend with you.	Review pages 74-80 in TVP Workbook
8 <u>Influencer</u>	Understanding who an Influencer is and what they do.	Students 16 and under please have a parent attend with you	You will need to have your professional back-drop ready for approval
9 <u>Actors Resume Back-Drop Approval for Photoshoots</u>	Understanding & Building an Actors Resume Taking Measurements Back-Drop Approval		Practice commercial, monologue. Make Acting Resume. Review pages 16, 111 & 112 in TVP Workbook
10 <u>Cold Reads, Monologue & Commercial</u>	Cold Read Techniques Monologue & Commercial Review	Commercial & Monologue MUST have Memorize Monologue and Commercial	Make Final Draft Resume for Session 11
Advance Sessions			
11 <u>Social Media Acting Resume part 2</u> ..	How to build Social Media, Emails, Instagram, Facebook, Website, etc. Resume review	Login Information for Social Media. FINAL draft of resume to be approved Students 16 and under please have a parent attend with	Set up accounts for Social Media according to the directions given to you.
12 <u>Make-Up Techniques and Applications</u>	Complete Make-Up, Contouring and Highlighting, Product Guide. Discuss different modeling looks	Your completed Make-Up Kit discussed in Session 6.	Review pages 65-70 & 87-91 in TVP Workbook
13 <u>Photo Movement Construct Back-Drop for Online Auditions</u>	Posing techniques Back-Drop for online Auditions & Taping		Practice posing and facial Expressions. Review pages 96-100 In TVP workbook
14 <u>Improv</u>	Improv- singles, doubles, groups.		

15 <u>Monologue & Commercials Workshop</u>	How to find an appropriate Monologue & Commercial for an audition, Techniques on "How To"	Memorized Monologue & Commercial Script	Practice monologue & commercial
16 <u>Runway 2</u>	Staging, Choreography Hand, Body & Turn Review	3 accessories to use on runway (Scarf, jacket, purse, etc.)	Practice runway walk using Accessories. Review pages 42-45 in TVP Workbook
17 <u>Improv, Non-dialogue Body Movement</u>	Sides Comedic/Dramatic Improv Body movement		Practice commercial & monologue
18 <u>Runway 3</u>	Freestyle, Doubles, Triples Hand and body posing. Attitude. Refine turns.	Runway Shoes	Practice runway walk
19 <u>CASTING / Teleprompter</u>	Working with a Teleprompter Storyboards	Bring 1 or 2 props to work with on camera.	Practice monologue and commercial

Master Sessions

20 <u>Facial Expressions, Emotions & Body Language</u>	Working with Facial Expressions, Emotions for Monologues & Commercial. Being aware of your Body Language on camera		Bring a product for next class
21 <u>Understanding Fashion Spokes modeling</u>	Building on your wardrobe. Understanding Your Body Type. Promotional modeling, How to Promote a product	Bring approved product	
22 <u>Self-Networking Marketing tools Intro to Self-Taping</u>	TMI -MTM Intro, Intro to Self-Taping Conventions, Comp Cards, Headshots, Unions	Bring Final Resume Students 18 and under please have a parent attend with you..	Self-Taping next session. Be Prepared
23 <u>Runway 4 How to Self-Recording</u>	How to Prepare for the Runway Audition Tapes for TMI Do's and Don'ts	Come dressed for runway audition (all black)	
24 <u>Monologue & Commercial How to Self-Recording</u>	How to Prepare for the Acting Audition Tapes for TMI Do's and Don'ts	Come dressed for acting audition (Nice pants & solid black shirt) Bring Final Acting resume.	Revise resume if needed
25 <u>Actor's Reel Voice-Overs</u>	Create Actor's Reel, Understanding Voice-overs		Practice monologue, commercial and runway walk
26 <u>Runway 5 Final Audition Taping</u>	Techniques Finalized and review Audition Runway Recording	Come dressed for runway audition taping (all black) Have background set-up available	Practice runway walk in all forms for MTM Agency Listing
27 <u>Acting Final Audition Taping</u>	Final Monologue & Commercial Recording	Come dressed for acting audition (all black) Have background set-up available. Bring Final Acting resume.	Practice monologue and commercial for MTM Agency Listing
28 <u>Mock Audition for Agency</u>	Runway, Commercial & Monologues. Final Taping Evaluations. Agency Preparation	Runway Shoes, Monologues, Scripts, Questions, Concerns on how to proceed after graduation.	
29 <u>Setting up TMI Videos For Final Review of ALL Recordings</u>	Uploading Videos to TMI Preparing for MTM Agency		Prepare for MTM Agency
30 <u>Acting and Runway Family Presentation</u>	Watch Final taping of Students Next step is MTM – TMI Q & A session		Sign up for the MTM agency listing.